

I know words won't take away your pain.
But I'm here for you.

When you feel like no one cares, I do.
I'm here for you.

When others judge, or criticize, or roll their eyes, I won't.
I'm here for you.

If it's 3 am and you don't want to burden anyone, call me.
I'm here for you.

If it seems so dark and the walls are closing in, I'll be your
light and guide you.
I'm here for you.

If you feel like no one understands, I do. I've been there.
And I'm here for you.

When you can think of nothing good to say about yourself,
I have a long list of good I see in you,
right here for you.

When you can think of no reason to go on, I will be your
reason.
I need to be here for you.

When you are upset for no reason, you don't need to give
me a reason
to be here for you.

When you don't want advice or a lecture, and you just need
someone to sit with you,
I'll sit here with you.

When you feel like you have failed, you haven't.
You were here for me.
Now I'm here for you.